Award Winning Books

A selection of Award Winning Books part of the Wellbeing Collection



Adam, Claire. 2019. Golden Child. London, England: Faber & Faber.

Aida Edemariam. 2019. The Wife's Tale: A Personal History. London: 4th Estate.

Alabanza, Travis. 2022a. None of the above: Reflections on Life beyond the Binary. England: Canongate Books.

Alabanza, Travis. 2022b. None of the above: Reflections on Life beyond the Binary. England: Canongate Books.

Alharthi, Jokha. 2018. Celestial Bodies. Dingwall: Sandstone Press.

Ali, Ramla. 2022. Not without a Fight: Ten Steps to Becoming Your Own Champion. London: Merky Books.

Alston, David, Juanita Cox-Westmaas, and Rod Westmaas. 2021. Slaves and Highlanders: Silenced Histories of Scotland and the Caribbean. Edinburgh: Edinburgh University Press. Anie, Sussie. 2023. To Fill a Yellow House. London: Phoenix.

Annand, David. 2022. Peterdown. London: Corsair.

Anon. 2017. The Forward Book of Poetry 2018. London: Faber & Faber.

Anon, 2018a. Be With, York: New Directions Books.

Anon. 2018b. Frederick Douglass [Electronic Resource]: Prophet of Freedom. York: Simon & Schuster.

Anon. 2018c. Shrines of Upper Austria. Manchester: Carcanet.

Anon. 2018d. The Forward Book of Poetry 2019. London: Faber & Faber.

Anon. 2018e. The Litten Path. London: Salt.

Anon. 2019. The Forward Book of Poetry 2020. London: Faber & Faber.

Anon. 2022. Just Sayin': My Life In Words. Cornerstone.

Anon. n.d. Award Winning Books - E Books and Audio Books.

Antrobus, Raymond. 2018a. The Perseverance. London: Penned in the Margins.

Antrobus, Raymond. 2018b. The Perseverance. London: Penned in the Margins.

Apps, Peter. 2022. Show Me the Bodies: How We Let Grenfell Happen. London, England: Oneworld Publications.

Armstrong, Graeme. 2021. The Young Team. London: Picador.

Ash, Lamorna. 2021. Dark, Sslt, Clear: Life in a Cornish Fishing Town. [S.I.]: BLOOMSBURY PUBLISHING.

Atwood, Margaret, and Margaret Atwood. 2019. The Testaments. London: Chatto & Windus.

Beauman, Ned. 2023. Venomous Lumpsucker. London: Sceptre.

Benson, Fiona. 2019. Vertigo & Ghost. London: Jonathan Cape, an imprint of Vintage.

Blair, Kirstie. 2019. Working Verse in Victorian Scotland: Poetry, Press, Community. First edition. Oxford: Oxford University Press.

Blakemore, Sarah-Jayne. 2019. Inventing Ourselves: The Secret Life of the Teenage Brain. London: Black Swan.

Burns, Anna. 2018. Milkman. Main. London: Faber & Faber.

Candlish, Louise. 2018. Our House. London: Simon & Schuster.

Carreyrou, John. 2019. Bad Blood: Secrets and Lies in a Silicon Valley Startup. London: Picador.

Chan, Mary Jean. 2019. Flèche. London: Faber & Faber.

Chatelain, Marcia. 2021. Franchise: The Golden Arches in Black America. Liveright paperback [edition]. New York, NY: Liveright Publishing Corporation, a division of W. W. Norton & Company.

Chingonyi, Kayombo. 2017. Kumukanda. London: Chatto and Windus.

Cin, Tice. 2021. Keeping the House. Sheffield: And Other Stories.

Clarke, Susanna. 2021. Piranesi. Bloomsbury.

Coe, Jonathan. 2018. Middle England. [London]: Viking, an imprint of Penguin Books.

Cohen, Joshua. 2021. The Netanyahus: An Account of a Minor and Ultimately Even Negligible Episode in the History of a Very Famous Family. London, Great Britain: Fitzcarraldo Editions.

Collins, Sara. 2019. The Confessions of Frannie Langton. [London]: Penguin Books Ltd.

Craig, Mya-Rose. 2023. Birdgirl: Discovering the Power of Our Natural World. London: Vintage.

Criado-Perez, Caroline. 2019. Invisible Women: Exposing Data Bias in a World Designed for Men. London: Chatto & Windus.

Currie, Adrian. 2018. Rock, Bone, and Ruin: An Optimist's Guide to the Historical Sciences. Cambridge, Massachusetts: The MIT Press.

Diop, David. 2021. At Night All Blood Is Black. London: Pushkin Press.

Eaves, Will. 2019. Murmur. Edinburgh: Canongate.

Eddo-Lodge, Reni. 2017. Why I'm No Longer Talking to White People about Race. London, UK: Bloomsbury Circus.

Eddo-Lodge, Reni. 2018. Why I'm No Longer Talking to White People about Race. Expanded edition. London: Bloomsbury Publishing.

Ellmann, Lucy. 2019. Ducks, Newburyport. Norwich: Galley Beggar Press.

Elsner, Maia. 2021. Overrun by Wild Boars. [England]: Flipped eye publishing.

Emmanuel, Jeremiah. 2021. Dreaming in a Nightmare: Inequality and What We Can Do about It. London: Merky Books.

Erdrich, Louise. 2021. The Night Watchman. Paperback edition. London: Corsair.

Eustace, Nicole. 2021. Covered with Night: A Story of Murder and Indigenous Justice in Early America. First edition. New York, NY: Liveright Publishing Corporation, a division of W. W. Norton & Company, Inc.

Evaristo, Bernardine. 2019. Girl, Woman, Other. London: Penguin Books.

Fairweather, Jack. 2020. The Volunteer: The True Story of the Resistance Hero Who Infiltrated Auschwitz. London: WH Allen.

Feeney, Elaine. 2021. As You Were. London: Vintage.

Femi, Caleb. 2020. Poor. Penguin Books Ltd.

Ferrer, Ada. n.d. Cuba: An American History. New York, NY: Scribner, an imprint of Simon & Schuster Inc

Fine, Cordelia and EBSCOhost. 2017. Testosterone Rex: Unmaking the Myths of Our Gendered Minds. London: Icon Books Ltd.

Flyn, Cal. 2022. Islands of Abandonment: Life in the Post-Human Landscape. London: HarperCollins Publishers.

Fraser, Jane. 2021. Advent. Dinas Powys: Honno Press.

Fuller, Claire. 2021. Unsettled Ground. UK: Fig Tree, an imprint of Penguin Books.

Galbraith, Robert. 2021. Troubled Blood: A Strike Novel. London: Sphere.

Galgut, Damon. 2021. The Promise. London: Random House UK.

Garmus, Bonnie. 2023. Lessons in Chemistry. Random House UK.

Gee, Henry. 2022. A (Very) Short History of Life on Earth: 4.6 Billion Years in 12 Chapters. London: Picador.

Geetanjali Shree, and Daisy Rockwell. 2021. Tomb of Sand. London: Tilted Axis Press.

Giles, Harry. 2021. Deep Wheel Orcadia: A Novel. London: Picador Poetry.

Gilligan, Ruth. 2021. The Butchers. London: Atlantic Books.

Greenberg-Jephcott, Kelleigh. 2019. Swan Song. London: Windmill Books.

Griswold, Eliza. 2019. Amity and Prosperity: One Family and the Fracturing of America. London: Wildfire.

Guha, Ramachandra. 2023. Rebels against the Raj: Western Fighters for India's Freedom. London: William Collins.

Gunaratne, Guy. 2019a. In Our Mad and Furious City. London: Tinder Press.

Gunaratne, Guy. 2019b. In Our Mad and Furious City. London: Tinder Press.

Hallett, Janice. 2022. The Twyford Code. London: Viper.

Hayden, Sally. 2022. My Fourth Time, We Drowned: Seeking Refuge on the World's Deadliest Migration Route. London: 4th Estate.

Hewlett, Rosie. 2021. Medusa. United Kingdom: SilverWood Books.

Ifeakandu, Arinze. 2023. God's Children Are Little Broken Things. London: Weidenfeld & Nicolson.

Jackson, Julian. 2019. A Certain Idea of France: The Life of Charles de Gaulle. London: Penguin Books.

Jacobs, Calum, ed. 2022. New Formation: How Black Footballers Made the Modern Game. London: #Merky Books.

Jones, Tayari. 2019. An American Marriage. London: Oneworld.

Karunatilaka, Shehan. 2022. The Seven Moons of Maali Almeida. London: Sort of Books.

Keefe, Patrick Radden. 2018. Say Nothing: A True Story of Murder and Memory in Northern Ireland. London: William Collins.

Keefe, Patrick Radden. 2021. Empire of Pain: The Secret History of the Sackler Dynasty. [S.I.]: PICADOR.

Keegan, Claire. 2021. Small Things like These. London: Faber.

Kennard, Luke and Poetry Book Society. 2021. Notes on the Sonnets. London: Penned in the Margins.

Kennedy, Louise. 2023a. Trespasses. London: Bloomsbury Publishing.

Kennedy, Louise. 2023b. Trespasses. London: Bloomsbury Publishing.

Khan, Sabba. 2021. The Roles We Play. Oxford: Myriad Editions.

Kuang, R. F. 2023. Babel, or, The Necessity of Violence: An Arcane History of the Oxford Translators' Revolution. London: Harper Voyager.

Kwakye, Chelsea, and Ore Ogunbiyi. 2019. Taking up Space. London: Merky Books.

LB, Jade. 2022. Keisha the Sket. London: Merky Books.

Le Bas, Damian. 2019. The Stopping Places: A Journey through Gypsy Britain. London: Vintage Books.

Leilani, Raven. 2021. Luster. Pan Macmillan.

Lloyd Parry, Richard. 2018. Ghosts of the Tsunami. London: Vintage.

Lockwood, Patricia. 2021. No One Is Talking about This. London: Bloomsbury.

Logevall, Fredrik. 2021. IFK.: Volume I: 1917-1956. London: Penguin Books.

Lowe, Hannah. 2021. The Kids. Hexham, Northumberland: Bloodaxe Books Ltd.

Luiselli, Valeria. 2020. Lost Children Archive. London: 4th Estate.

Machado, Carmen Maria. 2019. In the Dream House: A Memoir. Minneapolis, Minnesota: Graywolf Press.

Mackesy, Charlie. 2019. The Boy, the Mole, the Fox and the Horse. London: Ebury Press.

Makumbi, Jennifer Nansubuga. 2021. The First Woman. [S.I.]: Oneworld Publications.

Mason, Meg. 2022. Sorrow and Bliss. Paperback edition. London: Weidenfeld & Nicolson.

McAnulty, Dara. 2021. Diary of a Young Naturalist. London: Penguin Random House.

McCall, Davina, and Naomi Potter. 2022. Menopausing. London: HQ, an imprint of HarperCollinsPublishers.

McCullough, John and EBSCOhost. 2019. Reckless Paper Birds. London: Penned in the Margins.

McFarlane, Fiona. 2017. The High Places. London: Sceptre.

McGarvey, Darren. 2018. Poverty Safari: Understanding the Anger of Britain's Underclass. London: Picador.

McIlvanney, William, and Ian Rankin. 2022. The Dark Remains. Edinburgh: Canongate.

McKay, Laura Jean. 2021. The Animals in That Country. London: Scribe UK.

McKenzie, Moses. 2023a. An Olive Grove in Ends. London: Wildfire.

McKenzie, Moses. 2023b. An Olive Grove in Ends. London: Wildfire.

McMullan, Thomas. 2021. The Last Good Man. London: Bloomsbury Publishing.

Moore, Kim. 2021. All the Men I Never Married. Bridgend, Wales: Seren.

Mortimer, Maddie. 2022. Maps of Our Spectacular Bodies. London: Picador.

Nelson, Caleb Azumah. 2022a. Open Water. London: Penguin Books.

Nelson, Caleb Azumah. 2022b. Open Water. London: Penguin Books.

Nelson, Caleb Azumah. 2022c. Open Water. London: Penguin Books.

Obama, Michelle. 2018. Becoming. London: Viking, an imprint of Penguin Books.

O'Connell, Mark. 2018. To Be a Machine: Adventures among Cyborgs, Utopians, Hackers, and the Futurists Solving the Modest Problem of Death. Paperback edition. London: Granta.

O'Farrell, Maggie. 2021. Hamnet: Winner of the Women's Prize for Fiction 2020. [S.l.]: Tinder Press.

Osborne-Crowley, Lucia. 2021. My Body Keeps Your Secrets: Dispatches on Shame and Reclamation. London: The Indigo Press.

O'Shaughnessy, Kathy. 2020. In Love with George Eliot: A Novel. London, United Kingdom: Scribe Publications.

Ostrovsky, Arkady. 2016. The Invention of Russia: The Journey from Gorbachev's Freedom to Putin's War. London: Atlantic Books.

Owusu, Derek. 2020. That Reminds Me. London: Merky Books.

Ozeki, Ruth. 2021. The Book of Form and Emptiness. Edinburgh: Canongate Books.

Pang, Camilla. 2021. Explaining Humans: What Science Can Teach Us about Life, Love and Relationships. London: Penguin Books.

Payne, Les, and Tamara Payne. 2021. The Dead Are Arising: The Life of Malcolm X. London: Penguin Books.

Perlroth, Nicole. 2022. This Is How They Tell Me the World Ends: The Cyber Weapons Arms Race. London: Bloomsbury.

Powers, Richard. 2019. The Overstory. London: Vintage Books.

Prideaux, Sue. 2019. I Am Dynamite!: A Life of Friedrich Nietzsche. London: Faber & Faber.

Rashford, Marcus, Carl Anka, and Katie Warriner. 2021a. You Are a Champion: Unlock Your Potential, Find Your Voice and Be the Best You Can Be. London: Macmillan Children's Books.

Rashford, Marcus, Carl Anka, and Katie Warriner. 2021b. You Are a Champion: Unlock Your Potential, Find Your Voice and Be the Best You Can Be. London: Macmillan Children's Books.

Roberts, Andrew. 2021. George III: The Life and Reign of Britain's Most Misunderstood Monarch. London: Allen Lane.

Robinson, Roger. 2019. A Portable Paradise. Leeds, UK: Peepal Tree Press Ltd.

Rooney, Sally. 2018. Normal People. London: Faber & Faber Ltd.

Ross, Jacob. 2016. The Bone Readers. Leeds: Peepal Tree Press.

Rubenhold, Hallie. 2019. The Five: The Untold Lives of the Women Killed by Jack the Ripper . Boston: Houghton Mifflin Harcourt.

Rundell, Katherine. 2022. Super-Infinite: The Transformations of John Donne. Main. London: Faber & Faber.

Rundell, Katherine. 2023. Impossible Creatures: Instant Sunday Times Bestseller. First edition. London, England: Bloomsbury Children's.

Sanghera, Sathnam. 2021. Empireland: How Imperialism Has Shaped Modern Britain. London: Viking.

Sexton, Stephen. 2019. If All the World and Love Were Young. UK: Penguin Books.

Sheldrake, Merlin. 2021. Entangled Life: How Fungi Make Our Worlds, Change Our Minds, and Shape Our Futures. London: Vintage.

Slimani, Lei

la, and Sam Taylor. 2018. Lullaby. London: Faber & Faber.

Smith, Ali. 2020. Summer. UK: Penguin Books.

Solomon, Rivers. 2022. Sorrowland. London: Merky Books.

Soobramanien, Natasha, Luke Williams, and EBSCOhost. 2022. Diego Garcia: A Novel. South Pasadena, CA: Semiotext(e).

Stevens, Nell. 2019. Mrs Gaskell and Me: Two Women, Two Love Stories, Two Centuries Apart. London: Picador.

Stewart, Jeffrey C. 2018. The New Negro: The Life of Alain Locke. New York: Oxford University Press.

Stuart, Douglas. 2021. Shuggie Bain. London: Picador.

Sun Chao, Isabel, and Claire Chao. 2017. Remembering Shanghai: A Memoir of Socialites, Scholars and Scoundrels. Second edition. Honolulu: Plum Brook, LLC.

Taylor, Joelle. 2021. C+nto: & Othered Poems. London: The Westbourne Press.

Thompson, Tade. 2018. Rosewater. London: Orbit.

Tóibín, Colm. 2022. The Magician. Dublin, Ireland: Penguin Random House UK.

Tremlett, Giles. 2017. Isabella of Castile: Europe's First Great Queen. London: Bloomsbury.

University of Exeter. 2023. 'Libby and OverDrive - E-Books - LibGuides at University of Exeter'. Retrieved (https://libguides.exeter.ac.uk/ebooks/overdrive).

Vaillant, John. 2023. Fire Weather: A True Story from a Hotter World. London: Sceptre.

Waidner, Isabel. 2021. Sterling Karat Gold. United Kingdom: Gardners Books Ltd.

Weymouth, Adam. 2019. Kings of the Yukon.

Wiles, Daniel. 2022. Mercia's Take. London: Swift Press.

Yaffa, Joshua. 2020. Between Two Fires: Truth, Ambition, and Compromise in Putin's Russia . London: Granta.

Yong, Ed. 2022. An Immense World: How Animal Senses Reveal the Hidden Realms around Us. London: The Bodley Head Ltd.

Youngson, Anne. 2019. Meet Me at the Museum. London: Black Swan.

Ypi, Lea. 2022. Free. Penguin.

Zayyan, Hafsa. 2022. We Are All Birds of Uganda. London: Merky Books.